











# February 2025

## Country Village



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Locations Legend</u></p> <p>Willows Lounge (WL) Meadows Dining Room (MDR) Meadows Lounge (ML) Around the Home (AH) Comfort Corner (CC) Hillside Lounge (HL)</p> <p>Room to Room (RR) Hillside Dining Room (HDR) Courtyard (C) Hillside Dining Room All Home (HDRA) Courtyard Lounge (CYLG) Outing (O)</p>		 <p><b>Rosa Parks</b></p>				<p><b>START OF BLACK HISTORY MONTH</b> <b>1</b></p> <p>10:00 News &amp; Views (WL) 1:30 Horseshoes (MDR) 3:00 Name That Tune (WL)</p>
<p><b>GROUNDHOG DAY</b> <b>2</b></p> <p>9:30 Hymn Sing (ML) 10:00 Spiritual Service (WL) 2:00 Groundhog Day Social (WL)</p>	<p>9:30 Sit and Stretch (ML) <b>3</b> 10:00 Morning Moves (WL) 1:30 Craft (MDR) 2:00 Monday Movie Matinee (WL) 3:00 Board Games (MDR)</p>	<p><b>ROSA PARKS DAY</b> <b>4</b></p> <p>9:30 Manicures (AH) 9:30 Sit and Stretch (MDR) 10:30 Bible Study (WL) 2:00 Bocci Ball (WL) 3:00 Documentary: The Rebellious Life of Mrs. Rosa Parks (WL) 6:15 Around the World: Switzerland (WL)</p>	<p><b>NATIONAL SINGING DAY!</b> <b>5</b></p> <p>9:30 Rosary (ML) 9:30 Walking Club (AH) 10:00 Pathways (WL) 1:30 Crokinole (HL) 2:00 KARAOKE PARTY! (WL) 3:00 Sparkling Specs (RR)</p>	<p>10:00 Card Games (MDR) <b>6</b> 1:30 Wordplay (WL) 1:30 Crokinole (MDR) 3:00 Pet Visits (AH) 3:00 Darts (MDR) 6:15 Art Class with Kylie: Cultural Celebration (WL)</p>	<p>9:30 Restorative Fitness Fun! (WL) <b>7</b> 9:30 Snoezelen (CC) 10:30 Mindful Meditation (WL) 1:30 Bingo (HDR) 3:00 Colour Me Calm (WL) 3:00 UNO (MDR)</p>	<p>9:30 Crokinole (ML) <b>8</b> 10:30 News and Views (WL) 1:30 Exercise Club (WL) 2:00 Manicures (AH) 3:00 Montessori Activities (CC)</p> 
<p>9:30 Hymn Sing (ML) <b>9</b> 10:00 Spiritual Service (WL) 1:30 Afternoon Stretch (WL) 3:00 Trivia Time (WL)</p>	<p>9:30 Sit and Stretch (ML) <b>10</b> 10:00 Morning Moves (WL) 1:30 Music &amp; Memory (MDR) 2:00 Fun With Dice (WL) 3:00 Armchair Travel: Spain (WL)</p>	<p>9:30 Manicures (AH) <b>11</b> 10:30 Bible Study (WL) 1:30 Connect Four (HL) 2:00 Bocci Ball (WL) 3:30 Brain Benders (WL) 6:15 Around the World: France (WL)</p>	<p><b>DARWIN DAY!</b> <b>12</b></p> <p>9:30 Rosary (ML) 9:30 Pathways (WL) 9:30 Walking Club (AH) 11:30 Lunch Bunch (sign up required) (CYLG) 2:00 Balloon Volleyball (WL) 3:00 Sparkling Specs (RR)</p>	<p>9:30 Balloon Volleyball (HL) <b>13</b> 10:00 Card Games (MDR) 1:30 Armchair Travel (WL) 1:30 Balloon Volleyball (CC) 2:30 Adult Colouring (MDR) 3:00 You Be the Judge (WL) 6:15 Art Class with Kylie (WL)</p>	<p><b>VALENTINE'S DAY!</b> <b>14</b></p> <p>9:30 Restorative Fitness Fun! (WL) 9:30 Piano Time (C) 10:30 A Cup of Love: Valentine's Tea Social (WL) 1:30 Bingo (HDR) 2:30 Valentine's Entertainment with Ernie Miller! (HDRA)</p> 	<p>10:30 News and Views (WL) <b>15</b> 1:30 Exercise Club (WL) 3:00 Name That Tune (WL)</p>
<p>9:30 Hymn Sing (ML) <b>16</b> 10:00 Spiritual Service (WL) 1:30 Afternoon Stretch (WL) 3:00 You Be the Judge (WL)</p> 	<p><b>FAMILY DAY</b> <b>17</b></p> <p>9:30 Sit and Stretch (ML) 10:00 Morning Moves (WL) 1:30 Memory Lane Exhibit (WL) 3:00 Monday Movie Matinee (WL) 3:00 Montessori Activities (CC)</p>	<p>9:30 Manicures (AH) <b>18</b> 9:30 Sit and Stretch (MDR) 10:30 Bible Study (WL) 2:00 BIRTHDAY CELEBRATIONS! (WL) 3:30 Brain Benders (WL) 6:15 Around the World: Asia (WL)</p>	<p><b>FAMOUS ARTIST DAY</b> <b>19</b></p> <p>9:30 Rosary (ML) 9:30 Walking Club (AH) 10:30 RESIDENTS' COUNCIL MEETING (HDRA) 11:00 Communion (RR) 2:00 Balloon Volleyball (WL) 3:00 Chair Yoga (MDR)</p>	<p><b>BOOK LOVER'S DAY</b> <b>20</b></p> <p>10:00 Card Games (MDR) 10:30 Sing Along With Betty (ML) 11:00 Sing Along With Betty (WL) 1:30 Bean Bag Toss (ML) 2:30 Stories: Chicken Soup for the Soul (WL) 6:15 Art Class with Kylie (WL)</p>	<p>9:30 Restorative Fitness Fun! (WL) <b>21</b> 10:00 Music &amp; Memory (CC) 10:30 Mindful Meditation (WL) 1:30 Bingo (HDR) 3:00 Colour Me Calm (WL) 3:00 Montessori Activities (CC)</p>	<p>9:30 Board Games (WL) <b>22</b> 10:00 Chair Yoga (CC) 10:30 News and Views (WL) 1:30 Exercise Club (WL) 2:00 Pet Visits (AH)</p>
<p>9:30 Hymn Sing (ML) <b>23</b> 10:00 Spiritual Service (WL) 1:30 Afternoon Stretch (WL) 3:00 Trivia Time (WL)</p>	<p>9:30 Sit and Stretch (ML) <b>24</b> 10:00 Morning Moves (WL) 1:30 Card Games (MDR) 2:00 Dominoes (WL) 2:30 Music &amp; Memory: Johnny Cash (MDR)</p>	<p><b>WORLD SPA DAY!</b> <b>25</b></p> <p>9:30 Spa Time: Manicures &amp; Hand Massages (AH) 10:30 Bible Study (WL) 1:15 Card Games (HL) 2:00 Bocci Ball (WL) 3:30 Brain Benders (WL) 6:15 Around the World: Australia (WL)</p>	<p>9:30 Rosary (ML) <b>26</b> 9:30 Walking Club (AH) 1:15 Adult Colouring (WL) 2:00 Entertainment with George Boden! (WL) 3:00 Sparkling Specs (RR)</p>	<p>10:30 OUTING: Scenic Drive &amp; Lunch Out at The Grove Brewing Company (O) <b>27</b> 1:30 Sit and Stretch (WL) 3:00 You Be the Judge (WL) 6:15 Art Class with Kylie (WL)</p>	<p><b>FIRST DAY OF RAMADAN</b> <b>28</b></p> <p>9:30 Restorative Fitness Fun! (WL) 9:30 Piano Time (C) 10:30 Mindful Meditation (WL) 1:30 Bingo (HDR) 3:00 Water Painting (MDR)</p>	

February  
2025


# Country Village ~ The Village Voice

## Upcoming Events

Rosa Parks Day  
Documentary: The Rebellious Life of  
Mrs. Rosa Parks  
February 4

National Singing Day  
& Karaoke Party!  
February 5

Darwin Day & Lunch Bunch  
February 12

 Valentine's Day Entertainment  
with Ernie Miller!  
February 14

Family Day  
February 17

Famous Artist Day  
& Residents' Council Meeting  
February 19

Book Lover's Day  
February 20

World Spa Day  
February 25

Birthday Entertainment with  
George Boden!  
February 26

Outing: Scenic Drive & Lunch at The  
Grove Brewing Company  
February 27

Frist Day of Ramadan  
February 28

**February: A Month of  
Care, Love, and  
Community**

**"A heart full of love  
and kindness can warm  
even the coldest winter  
day."**

February reminds us to  
celebrate not only  
Valentine's Day but also  
the small acts of love  
that bring us together  
as a community.

**"Kindness is like snow -  
it beautifies everything  
it covers."**

As we move through the  
season, let's sprinkle  
our days with care and  
compassion for one  
another.

**"Caring for others is  
the purest form of  
love."**

 This month let's  
reflect on the

importance of connection  
and the joy it brings to  
our lives. Whether it's  
a smile, a kind word, or  
the smallest gestures can  
mean the most.

**To contact the Charge Nurse:  
Extension 250  
Extension 251  
Or  
Cell number: 1-437-361-0115**



Hazel S.  
Margaret  
P.

Daniel  
B.

*May their memories continue  
to bring comfort and peace  
to all.*



**VOLUNTEER**



WE ARE LOOKING FOR VOLUNTEERS TO ASSIST WITH PROGRAMS, OUTINGS AND ONE TO ONE VISITS WITH OUR RESIDENTS HERE AT COUNTRY VILLAGE. IF YOU ARE INTERESTED IN VOLUNTEERING, PLEASE CONTACT THE RESIDENT PROGRAMS MANAGER OR A RECREATION TEAM MEMBER.

**Administration:**

**Executive Director**

Allison Cormier - Ext. 209

**Director of Care**

Myranda Brimmer Ext. 205

**Assistant Director of Care**

Caroline Willatt - Ext. 216

**Office Manager**

Maisha Grant - Ext 208

**Programs Manager**

TBD - Ext 206

**Dietary Manager**

Barbara Hackett - Ext 220

**Environmental Services Manager**

Michael Flemming - Ext 263

**Scheduling Clerk**

Debbie McCurdy - 207

**IPAC Manager**

Emmanuel Ihekweazu - Ext 233

**Family Council Updates:**

We are currently recruiting family members to join our newly established Family Council. Please contact the Resident Programs Manager at extension 206 if you would like to join.

**To Contact the Recreation Office:  
Ext. 212**



# BLACK HISTORY MONTH



Black History Month serves as a reminder of the struggles and triumphs of African Americans, from the fight against slavery and segregation to contributions in science, literature, art, politics, and beyond. It also fosters conversations about

Black History Month was created in 1962 by Dr. Carter G. Woodson, a Harvard-educated historian often referred to as the "The Father of Black History." Woodson, along with what is now known as the Association for the Study of African American Life and History, sought to honour the achievements of African Americans and recognize their central role in history. In the 1960's, during the Civil Rights Movement, awareness of African American history and contributions grew, leading to the expansion of the full month. In 1976, President Gerald

**Harriet Tubman was born a slave. When she was older she escaped from slavery then helped others do the same as a conductor on the *Underground Railroad*. She led passengers to safehouses.**

**These were homes and businesses that took in escaped slaves on their road to freedom. She made about nineteen trips to the South and helped over three hundred slaves escape.**



**Harriet Tubman**

welcome  
TO THE TEAM

We are thrilled to welcome our newest team members to the Country Village Family. We are excited to have you onboard!

**Debbie McCurdy,  
Michael Flemming, and  
Maisha Grant**



**Next Residents'  
Council Meeting:  
February 19th @ 10:30am**

**All residents are invited to join in the meeting. Hope to see you all there!**



On behalf of everyone at Country Village, we want to express our heartfelt gratitude to Windsor Essex Fidget Maker (Pam) for the generous donation of fidget blankets. Your kindness and thoughtfulness have brought joy and comfort to our residents, especially those who benefit greatly from sensory stimulation. Your support reminds all of us of the power of compassion and creativity. Thank you!

**Looking Back...**

Christmas  
Fun at  
Country  
Village!

